

WESLEY CHILDREN'S HOSPITAL PATIENT AND FAMILY HANDBOOK

A GUIDE TO WESLEY CHILDREN'S HOSPITAL DEPARTMENTS, SERVICES AND PROGRAMS



REV.2.2018AB

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Welcome from our Director of Pediatrics, Angi Gragg

Welcome to the Pediatric Unit at Wesley Children's Hospital. We invite you to be our partner in care to meet the unique needs of your child, so please tell us the things that help or comfort him or her. By following the guidelines below, you can help us take the best possible care of your child.

FOR PARENTS/ GUARDIANS:

- We recommend that parents/ guardians participate during shift change when nurses give bedside report. This is a great opportunity for you to take part in your child's plan of care.
- Our nursing staff will meet with you upon admission and explain our visitation and safety policies.
- Because of federal privacy regulations, we only give patient information/ updates to parents/ guardians. We will provide you with an access code so that we can share information with you via telephone while also protecting your child's privacy.
- A member of our healthcare team will be rounding every hour to check on your child. Please note that if you and your child are resting, you may not be aware that we came by.
- A Nursing Leader will also be rounding on you and your child every day.
- You will be given information about your child's illness and the medications ordered by the physician during your child's hospitalization.
- Parents are responsible for supervising siblings or other visitors.
- Due to your child's current medical condition, there may be times that the
 medical or nursing staff determine that he or she needs limited visitation or
 minimal stimulation. These situations will be handled on a case-by-case basis
 with the best interests of your child in mind. We will help you with your visitor
 control if you feel your child does not need to be disturbed.
- Please feel free to sleep on the foldout bed or couch in your child's room; for safety and infection control purposes, mattresses and blankets are not allowed on the floor. Please be sure you are appropriately dressed at all times.
- If you have a family friend or other relative who is staying with the child in your place, we ask that you identify that person to staff by name/ appearance before you leave.

WE ASK THAT ALL VISITORS:

- Check in before entering and wait to be helped at the Nurses Desk.
- Have driver's license or state-issued ID ready. Visitor IDs will be verified upon signing in to the unit.
- Display a Visitor's sticker/ badge that you will receive upon sign-in at the unit. This sticker will be returned upon leaving the unit.
- Wash your hands or use hand-sanitizing gel every time you enter or leave the unit and your patient's room.
- Be healthy and free from fever, cough, cold, flu or other infectious illnesses.
- Remember that your child's visitor needs will change with his or her illness and recovery

We hope you enjoy your stay at Wesley Children's Hospital. If you have any further needs or questions, please contact your Assistant Nurse Manager, which is located on the information board in your or your child's room. We as a nursing and leadership team look forward to serving you.

All the Best,
Angi Gragg
Director of Pediatrics
Wesley Children's Hospital

Mission

Above all else, we are committed to the care and improvement of human life.

Vision

To bring exceptional healing, to all human beings.

Values: ICARE

- Integrity Doing the right thing, even when no one is watching.
- **Compassion** Be empathetic to the needs of other and sympathize with their situation.
- Accountability Take ownership for how actions impact outcomes.
- Respect Value others and embrace diversity.
- Excellence Take personal pride in exceeding expectations.

Visiting Hours

9 a.m. to 8:30 p.m.

Parents/legal guardians are not considered visitors and are always welcome at any time. Siblings and children are not allowed to spend the night. During flu season, children under 12 are not allowed to visit.

Gift Shop (Located in the Main Lobby)

The gift shop has a wide variety of gifts, toys, magazines, toiletries, cards, jewelry and snacks. Starbucks coffee is also offered in this area.

Monday-Friday Hours are 6:30 a.m.-9 p.m.

Saturday and Sunday Hours are 6:30 a.m. – 8 p.m.

Obtaining Information from Medical Professionals

A passcode will be provided to the immediate family upon admission so they can obtain information over the telephone. If the passcode is not given to the nurse at the time of call, no information can be given. This is to protect patient information and privacy.

Hotels:

Wesley Inn 3343 E. Central Ave, Wichita, KS 67208 (316) 858-3343

Wyndham Garden Inn Wichita Downtown 221 E. Kellogg, Wichita, KS 67202 (316) 269-2090

Hotel at Waterwalk 711 S. Main, Wichita, KS 67213 (316) 263-1061

Food and Dining around Wesley Children's Hospital

Inside Wesley Children's Hospital:

Wesley Café (Located on the First Floor) Hours

Monday-Friday

Breakfast 6 a.m.-9:30 a.m.; Lunch 10:30 a.m.-1:30 p.m.; Dinner 4:30 p.m.-7 p.m. and 1 a.m.-3:30 a.m.

4 Corners Café (Located on the First Floor)

Monday-Friday

Lunch 11 a.m.-2:30 p.m.

Caregiver Trays can be requested through your nurse, or help yourself to our patient galleys, which offer sandwiches, snacks and drinks.

Take Out

Angelo's Italian Restaurant, (316)-612-9058 \$- Italian 5231 E Central Ave Ste. A Opens at 11:00 AM

Chipotle, (316)-612-6931

\$ · Mexican

Fast Service tacos, burritos and burrito bowls, chips and salsa 515 N. Hillside Street

Opens at 10:45 AM

Margarita's Cantina, (316)-682-2299

\$\$ · Mexican

Colorful establishment featuring Mexican dishes & margaritas plus live music & dancing.

3109 E Douglas Ave

Opens at 11:00 AM

Panera Bread, (316)-683-2100

\$ · Sandwich

Counter-serve bakery/cafe chain serving sandwiches, salads & more, known for its bread & free WiFi.

3337 E Central Ave Ste. 101

Spangles, (316)-684-6253

\$ · Fast Food

Regional fast-food chain offering burgers, sandwiches, fries, ice cream & breakfast items.

453 N Hillside St

Starbucks, (316)-652-0714 \$\$ · Coffeehouse Coffee, Tea, Lemonade, breakfast, and lite bites. 3111 E Central Ave

Tanya's Soup Kitchen

\$\$ · Soup

Creative soups, salads & sandwiches with many farm-fresh ingredients whipped up in comfy surrounds.

1725 E Douglas Ave Opens at 11:00 AM

McAllister's Deli \$ · American Deli 2222 N Greenwich Rd Ste. 100, (316)-869-2141 7130 W Maple Ste. 320, (316)-440-4450 Opens at 10:30 AM

Delivery

City Bites, (316)-682-0007

\$ · Homemade sub sandwiches, soups, baked potatoes and cookies 3570 N. Woodlawn Blvd.

Opens at 11:00 AM

Domino's, (316)-351-5525 \$ · Italian Pizza and wings 327 N Hillside St Opens at 10:30 AM

Great Wall, (316)-688-0881 \$\$ · Chinese This basic shopping-center stop for classic Chinese fare also offers wings & fries. 410 N Hillside St Opens at 11:00 AM Jason's Deli, (316)-636-4447 \$ · Salad Buffet, Sandwiches and Soups 2000 North Rock Road, Ste. 108 Opens at 10:00 AM

Jimmy Johns, 316-682-7700 \$ · American Deli 517 N Hillside St Opens at 11:00 AM

Village Inn, (316-687-4454)

 $\$\cdot$ Family-friendly chain serving home-style American classics such as chicken-fried steak \$ pot pie 1685 S Rock Road Opens at 6:00 AM

Papa John's Pizza, 316-264-7272 \$ · Pizza 220 West Douglas Ave. Ste. 7272 Opens at 10:00 AM

Pizza Hut, (316)-686-2222 (Delivers to ER Entrance) \$ · Pizza 410 North Hillside, Ste. 1300 Opens at 11:00 AM

(2/2018)

About Wesley Children's Hospital

WesleyKids Symptom Checker









- · Easy to use
- · Review medication and allergy lists
- Use a pediatric medication dosage chart
- Find a nearby ER / pediatric ER
- · Available online at wesleykids.com





All donations to the Wesley Children's Foundation stay right here in Kansas, helping Kansas children and their families at a time when they are sick or in the hospital.

Visit WesleyChildrensFoundation.com

to make a donation or learn about sponsorship packages.



THE REGION'S FIRST AND ONLY CHILDREN'S HOSPITAL

f WesleyChildrensHospital

550 N. Hillside | Wichita, KS 67214





Expert Care For Kansas Kids

Wesley Children's Hospital will provide expert pediatric care for children from infants through teens, featuring state-of-the-art technology, more than 50 pediatric specialists and subspecialists and a family-centered healing environment where children and their families receive the best care possible – close to home.

Call 316.962.KIDS to speak with a Wesley child life specialist or to access our after-hours pediatric nurse help line.

All major insurace plans accepted. Including: Bluecross/Blueshield, Coventry, Medicare



Pediatric Emergency Department

Wesley has the only pediatric emergency department in the region. The staff includes pediatricians, pediatric nurses and child life specialists, as well as respiratory therapists, pharmacists and other healthcare professionals who specialize in pediatrics.

Online check in is available at WesleyERCheckIn.com

Pediatric Intensive Care Unit

Wesley's 15-bed pediatric intensive care unit is staffed by board-certified pediatric intensivists, experienced pediatric nurses, technologists and respiratory therapists. State-of-the-art technology and design contribute to quality care.



Wesley supports a philosophy of family-centered care. Adjacent to the PICU are parent sleep rooms, showers and a Ronald McDonald Family Room. A Ronald McDonald House is also located near our campus.

Pediatric Trauma Center

Wesley has Kansas' only Level II pediatric trauma center. This staff includes highly trained and experienced board-certified pediatric trauma surgeons and pediatric critical care intensivists. Wesley's pediatric trauma center is also the site for the Wichita chapter of ThinkFirst, a national injury prevention program.

Pediatric Outpatient Dialysis Unit

Wesley provides the only comprehensive evaluation and treatment service for children who have kidney disease, chronic or acute kidney failure or end-stage renal disease.

Pediatric Unit

The 31-bed pediatric unit is geared toward the needs of children and their families.

- Staffed by board-certified pediatric hospitalists
- · All patients rooms are private
- Child life specialists use age-appropriate explanations of procedures, therapeutic play and stress-reduction activities

Pediatric specialty services offered at Wesley include:

- Adolescent psychiatry
- Pediatric allergy/asthma
- Pediatric cardiology
- Child abuse pediatrics
- Pediatric clinical pharmacology
- Pediatric critical care medicine
- Developmental and behavioral pediatrics
- · Pediatric dentistry
- Pediatric endocrine/ diabetes medicine
- Pediatric gastroenterology
- · General pediatrics
- Pediatric surgery, including Pectus Excavatum
- Genetics
- · Pediatric hematology

- Pediatric hospitalist services
- Pediatric infectious disease
- · Lactation services
- Maternal fetal medicine specialists
- Neonatology
- · Pediatric nephrology
- · Pediatric oncology
- Pediatric ophthalmology
- Pediatric orthopedic surgery
- Pediatric radiology
- Pediatric rheumatology
- Pediatric respiratory care
- Retinology
- · Weight management
- · Pediatric neurology
- · Pediatric anesthesia



Pediatric Surgery Clinic



Wesley is the only area hospital to provide 24-hour continuous pediatric surgical coverage by board-certified pediatric surgeons. Additionally, Wesley has the area's only three pediatric anesthesiologists on staff.

Children are prepared for surgery in a specialized pediatric ambulatory surgery unit and return to the unit after surgery. A pediatric preoperative assessment clinic is also available to assess patients prior to surgical procedures.

Low-dose Computed Tomography (CT)



Wesley offers the high-definition, low-dose CT technology. The imaging creates sharper, more detailed images and reduces the radiation dose by 83 percent on cardiac scans and 50 percent across the rest of the body, compared with other CT systems. Wesley has the only board-certified pediatric radiologists in the region.

Pediatric Procedural Services

Pediatric infusion at Wesley provides intravenous medications, blood, fluids and other infusion therapies in an outpatient setting. Our caregivers accomplish the prescribed infusion with skill and care, with child life specialists helping support the child-friendly setting.

Pediatric sedation at Wesley provides pain and anxiety relief based on each child's specific needs, prior to medical procedures. One pediatric intensivist is in the procedural unit daily.

Other pediatric procedures at Wesley include:

- Angiogram*
- BAER study
- · Baclofen trial*
- · Blood product infusion
- Blood exchange transfusion
- Bone marrow aspiration/biopsy*
- Botox injection*
- Bronchoscopy*
- Chemotherapy administration
- Cisternogram/ shuntogram
- · Colon exam*
- · CT and MRI scan
- · Echocardiogram*
- EGD/colonoscopy*
- EEG

- EMG*
- Gastric tube placement/replacement
- Glucose tolerance test
- Gynecologic exam*
- · Iron infusion
- IVP
- Lumbar puncture*
- Nerve conduction test*
- Nuclear medicine scan
- Organ biopsy*
- pH probe insertion*
- PICC line insertion
- Radiation therapy*
- Skeletal survey
- Subdural tap
- VCUG
- Visual Evoked Response (VER)

*These require a physician be designated to perform the procedure. When scheduling a pediatric test or procedure, please emphasize whether sedation will be required. Please call 316.962.7940 to schedule pediatric tests and procedures.

Child Development Program

With a physician referral, Wesley's Child Development Program provides therapy for children with a variety of special needs. The child development team is staffed with pediatric-trained audiologists, occupational therapists, physical therapists and speech language pathologists.

Child Development Services:

- · Autism therapy
- Orthotics management Speech & language
- Orthopedic & sports rehab
- Acute and outpatient trauma rehab
- Torticollis & plagiocephaly treatment
- Gait training

- Upper extremity splinting
- Speech & language evaluations
- Feeding & swallowing evaluations
- · Voice disorder treatment
- ABR testing without sedation
- · Cerebral palsy treatment

CALL 316.962.KIDS

To speak with a Wesley child life specialist or to access our after-hours pediatric nurse help line.

Outpatient Clinics

316.962.2021

- Children with Special Needs
- Cerebral Palsy
- · Spina Bifida

316.962.7959

Pediatric
 Preoperative
 Assessment Clinic

316.962.2085

• Pediatric Surgery Clinic

316.962.8701

Bronchiolitis

316.962.7386 or 316.962.2682

- PKU
- Galactosemia
- · Hemoglobinopathy

316.962.3100

- · Failure to Thrive
- Childhood Obesity
- · Adolescent
- Orthopedic

316.962.2080

- Multisubspecialty
- Genetics
- · Neonatal Follow-up

Welcome to the Pediatric Unit!

Pediatric Care Parent and visitor guidelines

HIPAA pass code: _

Pediatric Unit (316) 962-2451





Wesley Children's Hospital Pediatric Unit (Peds Floor)

Your child has been admitted to Wesley's Pediatric Unit because your doctor feels this is where your child will receive the most appropriate care. Our pediatric team is specially trained and dedicated to caring for your child. We will support you during your child's hospital stay.

Our team includes board-certified pediatric physicians, pediatric subspecialty physicians, pediatric nurses, pediatric pharmacists, respiratory therapists, physical therapists, occupational therapists and child life specialists. They will be glad to answer any questions you may have during your stay.

Visiting your child

Parents and legal guardians are not considered visitors and are always welcome at the child's bedside. We encourage and appreciate your participation in your child's care. All other persons are considered visitors.

Visitors are limited to three people at a time (this number includes parents). All visits are at the discretion of the pediatric clinical staff and may be changed in the best interest of the patient. Visiting hours are from 9 a.m. to 8:30 p.m., however, the unit is restricted to only parents when nurses are changing shifts (7 a.m. to 8 a.m. and 7 p.m. to 8 p.m.). We also ask that you do not make phone calls during shift change as well.

Visiting children or siblings should have been without illness or fever for 48 hours prior to visiting patients and be up to date on immunizations. Child life specialists will be available to assist with visitation. Child visitors are included in the bedside visitor limit of three people.

We understand that many of your friends and relatives will want to know how your child is doing. Family members should designate a spokesperson who obtains information about the patient and communicates with other family members and friends. No information will be given by pediatric staff to anyone other than parents, according to HIPAA privacy laws, unless by parental approval. A HIPAA pass code will be given to a parent or guardian at the beginning of each stay; you must know the code to receive any information over the phone regarding the patient's condition. The direct number to the pediatric nurse's station is (316) 962-2451. The unit clerk can connect you with your nurse.

Latex balloons are not permitted in the pediatric unit patient rooms. Mylar balloons and a special blanket or toy from home are allowed. Please keep these to a minimum to allow for appropriate patient care.

Several pieces of medical equipment are used monitor your child's condition. Please do not touch the equipment. Ask the staff for assistance if needed.

Cell phones may be used only in waiting rooms or hallways outside the pediatric unit. They may not be used in the pediatric unit.

Infection Prevention

Please wash your hands upon entering and before leaving your child's room. You may also clean your hands using the alcohol foam dispensers on the walls in various locations in the unit.

Wear a mask (provided by staff) if you have a cold, cough or sniffles. Do not visit the hospital if you have a fever or have recently been exposed to a contagious disease. Please request that anyone who visits your child do the same.

Overnight visitors

It is important for parents to get sufficient rest while their child is in the pediatric unit. Visiting siblings or other small children may not sleep or stay overnight in the patient rooms. If you choose to sleep at your child's bedside, one recliner or cot will be provided. We can also provide you with pillows and blankets.

The Ronald McDonald House located east of the hospital provided lodging for a minimal charge. The phone number is (316) 687-2000. The Wesley Inn across Central Street from the hospital is also available for a charge. The number is (316) 858-3343. If other arrangements need to be made, please let your bedside nurse know and the case manager can be contacted for assistance.

Food

Parents may enjoy their meals and covered drinks at the patient's bedside only on the patient tray table. This table is to remain only for use of food or beverages. If your child is unable to eat or drink, we respectfully ask that parents and visitors also refrain from eating at the bedside. You may eat in the cafeteria or the Ronald McDonald Family Room located at the east end of the PICU hallway (Building 1 West, 5th Floor). This room also provides parents with snacks, a washer and dryer, some toiletry items and a relaxing environment.



Crib Safety

Patients who are two years of age or younger are placed in a crib for their safety. If you would like your child to be in a regular bed, please inform the nursing staff, and we will do our best to accommodate you. Never step away from the crib or leave your child alone when crib rails are down. If your child is in a bed, please help ensure his or her safety by calling for a nurse to assist with getting in and out of bed.

Family Resources

To contact the pediatric manager or assistant nurse manager, ask for them at the front desk. We also have a pediatric case manager who is available to assist you and be contacted through your nurse.

Wesley Children's Hospital provides you with a Patient Action Line at (316) 962-7377 for a prompt and personal response to your needs and concerns.

Among our staff are certified child life specialists who are available during the day to help children of all ages feel more comfortable during their stay. They use age-appropriate explanations of procedures, therapeutic play and stress reduction techniques to help put your child at ease while in the hospital. A member of the child life staff can be reached through your nurse.

Wesley's Pediatric Intensive Care Unit

Pediatric Intensive Care

Parent and visitor guidelines

HIPAA pass code: __





Wesley's Pediatric Intensive Care Unit (PICU)

Your child has been admitted to Wesley's PICU because your doctor feels this is where your child will receive the most appropriate care. Our PICU team is specially trained and dedicated to caring for your child and providing you with support during your child's hospital stay. Our team includes board certified pediatric intensive care physicians, pediatric subspecialty physicians, pediatric nurse practitioners, pediatric nurses, pediatric pharmacists, respiratory therapist, physical therapists, occupational therapists and child life specialists. They will be glad to answer any questions you may have during your stay.

Visiting your child

Parents and legal guardians are not considered visitors and are always welcome at the child's bedside. We encourage and appreciate your participation in your child's care. All other persons are considered visitors.

Visitors are limited to three people at a time (this number includes parents). All visits are at the discretion of the PICU clinical staff and may be changed in the best interest of the patient. Visits should be limited to 10 minutes. Visiting hours are from 9 a.m. to 8:30 p.m.; however, the unit is restricted to only parents when nurses are changing shifts (7-8 a.m. and 7-8 p.m.). We also ask that you do not make phone calls during shift change as well.

Children under the age of 12 we are not allowed to visit. Arrangements can be made with your nurse or a child life specialist for a brother or sister who is 4 years of age or older to visit between the hours of 3-5 p.m. daily. Visiting children should have been without illness

or fever for 48 hours and must be up-to-date on immunizations. Child life specialists will be available to assist with visitation. An adult must accompany the child during the entire visit, as the PICU staff cannot be responsible for child visitors. Child visitors are included in the bedside visitor limit of three people.

We understand that many of your friends and relatives will want to know how your child is doing. Family members should designate a spokesperson who obtains information about the patient and communicates with other family members and friends. No information will be given by PICU staff to anyone other than parents, according to HIPAA privacy laws, unless by parental approval. A HIPAA pass code will be given to a parent or guardian at the beginning of each stay; you must know the code in order to receive any information over the phone regarding the patient's condition. The direct number to the PICU nurses station is (316) 962-2156. The unit clerk can connect you with your nurse.

Live plants, fresh flowers and latex balloons are not permitted in the PICU patient rooms. Mylar balloons and a special blanket or toy from home are allowed. Please keep these to a minimum to allow for appropriate patient care.

Several pieces of medical equipment continuously monitor your child's condition. Please do not touch the equipment. Ask the staff for assistance if needed.

Cell phones may be used only in waiting rooms or hallways outside the PICU. They must not be used in the PICU. To help promote patient rest and control noise, phones are not provided in patient rooms. There are two phones by the elevators outside the PICU for you for your use. Dial 9 for an outside line.

Infection Prevention

Please wash your hands upon entering and before leaving your child's room. You may also clean your hands using the alcohol foam dispensers on the walls in various locations in the unit.

Wear a mask (provided by staff) if you have a cold, cough or sniffles. Do not visit the hospital if you have a fever or have recently been exposed to a contagious disease. Please request that anyone who visits your child do the same.

Overnight visitors

It is important for parents to get sufficient rest while their child is in the PICU. Three Sleep Rooms are available for families of very critical patients and for those who live out of town. Rooms are assigned nightly by the charge nurse and cannot be guaranteed. Siblings or other small children may not sleep or stay overnight in the Sleep Rooms or Quiet Room. Sleep Rooms must be vacated by 9 a.m. each morning so they can be clean. All belongings must be removed from the rooms at this time.

If you choose to sleep at your child's bedside, one recliner will be provided. We can also provide you with pillows and blankets.

The Ronald McDonald house located east of the hospital provides lodging for a minimal charge. The phone number is (316) 687-2000. The Wesley Inn across from the hospital on Central also is available for a charge. The number is (316) 858-3343. If other arrangements need to be made, please let your bedside nurse know, and the case manager can be contacted for assistance.



Quiet Room

The Quite Room is located in the hallway outside the PICU. This is available for all families who have children in the PICU, so please be respectful and observant of others in the area. We ask that family members and guests to not use the room for sleeping and that you help us keep the area clean. Children of any age should not be left without parental supervision.

Food

Parents may enjoy their meals and covered drinks at the patient's bedside only on the patient tray table. The table is to remain only for use of food or beverages. If your child is unable to eat or drink, we respectfully ask that parents and visitors also refrain from eating at the bedside. You may eat in the cafeteria, the Quiet Room or the Ronald McDonald Family Room located at the east end of the PICU hallway. This room also provides parents with snacks, a washer and dryer, some toiletry items, and a relaxing environment.

Please check with your nurse before giving your child any food or drink brought in from outside the PICU.

Crib Safety

Patients who are 2 years of age or younger are placed in a crib for their safety. If you would like your child to be in a regular bed, please inform the nursing staff, and we will do our best to accommodate you. Never step away from the crib or leave your child alone when the crib rails are down. If your child is in a bed, please help ensure his or her safety by calling for a nurse to assist with getting in and out of bed.

Family Resources

To contact the PICU manager or assistant nurse manager, ask for them at the front desk. We also have a PICU case manager who is available to assist you and can be contacted through your nurse.

Wesley provides you with a Patient Action Line (316.962.7377) for a prompt and personal response to your needs and concerns.

Among our staff are child life specialists who are available during the day to help children of all ages feel more comfortable during their stay. They use age-appropriate explanations of procedures, therapeutic play and stress reduction techniques to help put your child at ease while in the hospital. A member of the child life staff can be reached through your nurse.

www.wesleymc.com

Care Giver Identification





Nurse Aid



Child Life Specialist



Case Management



Lab



Respiratory Therapist (RT)



Rehabilitation



TV Channel List

Number	Channel	Number	Channel	
2	TWC	37	DISCOVERY CHANNEL	
3	KSNW	38	TKC	
4	KSAS	39	SPIKE	
5	KSCW	40	DISNEY	
6	KPTS	41	NICKELODEON	
7	WGN	42	ABC FAMILY	
8	KAKE	43	TVLAND	
9	KWCH	44	HISTORY	
10	KDCU	45	SYFY	
11	KS22	46	TRUTV	
12	CSPAN	47	CMT	
13	CSPN2	48	CNBC	
14	CSPN3	49	TCM	
15	KSNG-DT2	50	AMC	
16	KAKE-D2	51	ANIMAL PLANT	
17	KPTS-DT3	52	BET	
18	QVC	53	COMEDY CENTRAL	
19	MSNBC	54	E!	
20	CNN	55	FOX SPORTS	
21	HLN	56	BRAVO	
22	FNC	57	TRAVEL	
23	USA	58	CARTOON NETWORK	
24	TBS	59	GAME SHOW	
25	TNT	60	NATIIONAL GEOGRPAHIC	
26	FX	61	KSKC	
27	ESPN	62	OWN	
28	ESPN2	63	NBC SPORTS	
29	FSKC	64	GOLF	
30	VH1	65	POP	
31	MTV	66	FOX BUSINESS	
32	ION	67	HALLMARK	
33	LIFETIME	68	HALLMARK MOVIE	
34	HGTV	69	FXX	
35	FOOD NETWORK	70	INVESTIGATION DISCOVERY	
36	A7E	71	EWTN	

Patient Bill of Rights

At the Wesley Children's Hospital, we understand that each patient is an individual and should be respected as a person. We support the unique developmental, psychological, emotional, and social needs of all of our patients and their families.

As part of our commitment to the needs of our young patients and their families, the physicians and staff of Wesley Children's Hospital will abide by this Children's Bill of Rights throughout the hospital.

While I am here, I can expect:

- To always be treated with kindness and respect in a way that makes me feel the best.
- Time to play each day.
- To feel safe in my room and know that caregivers will knock before coming in and keep the curtain or door closed during exams, bathing, and going to the bathroom.
- People who work here to tell me their names, and to call me what I would like to be called.
- People to understand that sometimes I need to cry when I'm afraid or hurt.
- My family to help take care of me so it can be more like home.
- To be taken care of by people who enjoy children and are trained to care for children.
- People to laugh with me.
- People to understand that my friends & family are important to me, and to allow them to visit whenever possible.
- Quiet times to rest each day.
- People to be honest with me, and tell me what's going on, and why, using words that I
 can understand.
- People to tell my parents what they need to know and answer their questions. If they feel less worried, so will I.
- To have a place for a family member to spend the night in the hospital with me or close by.
- People to let me choose what I want whenever it's possible.
- My favorite toy from home to be with me and to go along to different places in the hospital.
- A hug when I need one.
- People to work together with my family and me to make my stay here as short and as comfortable as possible.

Tobacco-Free

Wesley Children's Hospital is tobacco-free. Tobacco products may not be used in the hospital, buildings owned or leased by the hospital, or in hospital vehicles, including sidewalks around Wesley Children's Hospital.

Infection Control

Handwashing is the most important way to prevent infection. Handwashing should be done often in and around the hospital. Wash hands for 15-20 seconds with running water, soap and friction. Use a paper towel to turn off the faucet.

Wesley Children's Hospital is committed to providing a safe and healthy environment for patients, families, visitors and staff. To prevent the spread of vaccine-preventable diseases such as measles, mumps, rubella, chicken pox, pertussis and influenza, Wesley Children's Hospital expects all staff, affiliates, volunteers and students to meet Employee Health requirements.

Standard Precautions are used to make sure everyone (including the patient) is safe from germs. If a standard precaution sign and supply set are at a patient's room, please follow instructions on gowns, gloves, masks, eyewear and other protective measures. Ask your patient's nurse for more information.

Infectious Waste

- General hospital waste including paper, and non-patient care items should be thrown away in regular trash cans.
- Recycle bins are available for cans, plastic and newspapers.
- Infectious waste like soiled patient care items with body fluids, sharps, sharps containers should be thrown away in RED bags.

If you have questions, please ask a staff member.

Equity and Diversity

Respect – I will value others and embrace diversity. I will always:

- Honor individual differences, cultural beliefs and embrace the communities we serve.
- Speak respectfully of others, acknowledging the vital role each of us plays in providing care to our patients, and promote a climate of trust.
- Give honest, timely, constructive feedback and graciously accept feedback as an opportunity to improve.
- Honor commitments and meet deadlines.

Privacy at Wesley Children's Hospital

Privacy is taken seriously at Wesley Children's Hospital. Upon admission, a notice of privacy practices is provided to caregivers and patients. Our patients and families can be assured that patient names, identification numbers, photos, diagnosis and other identifying factors are protected and are used on a needs based manner.

Wesley Wireless

Wesley has wireless high-speed Internet service throughout the medical center, including in outlying buildings such as the Wesley Birth Care Center, Wesley West ER & Diagnostic Center and our Wesley Care Clinics. Called "Guest Access," the wireless connection is available to patients, families and guests who bring their own laptops or other Internet-accessible devices to Wesley.

Child Life Department

Hospitalizations and illnesses are stressful moments in the lives of children, adolescents, and their families. Child Life Specialists are trained professionals who work as part of the medical team to promote child development, positive learning, and mastery over these challenging events.

Each child life specialist holds a bachelor or master degree in child development, psychology or a related area. Furthermore, all child life specialist have completed a child life internship in the hospital setting and are professionally certified through the Association of Child Life Professionals.

If you would like to talk with a child life specialist or discuss our services, you can call the child life office at (316)-962-2177.

Services Provided by Child Life Specialists:

- Offer opportunities for play and expressive activities to normalize the environment and encourage normal development
- Prepare children for medical procedures, surgery, diagnoses, and treatment using language that children understand
- Introduce coping strategies to help reduce anxiety and enhance cooperation with the health care team
- Provide support and distraction during medical procedures
- Promote family-centered care by providing information, advocacy, and support to families of pediatric patients
- Provide bereavement support to families
- Provide school reentry visits for newly diagnosed patients

Areas Staffed by Child Life Specialists

- Pediatric Inpatient Floor
- Pediatric Intensive Care Unit (PICU)
- Pediatric Ambulatory Surgery Unit (PASU or Peds-ASU)/Pediatric Pre-op)
- Pediatric Sedations/Pediatric Procedural Services and Infusion
- Pediatric Dialysis
- Pediatric Emergency Department

Preparing Your Child for Surgery

Surgery can be one of the most stressful events for a child and family in the hospital. Age appropriate preparation and explanation is clinically proven to reduce anxiety and increase coping for children and adolescents. Begin to explain to your child what is going to happen before the day of surgery in non-threatening and age appropriate terms. There are children's books available in libraries and books stores to help you accomplish this. A child life specialist will be available on the day of your child's surgery to help further explain surgery and to help your child cope.

Pet Therapy

Provided by the Child Life Specialists, pet therapy is an opportunity to provide normalization and socialization for pediatric patients and their families in the hospital. A group of volunteers visits the pediatric units with their canine friends, certified through Therapy Dog International (TDI). Pet Therapy is offered Wednesday Evenings at 6 p.m. and Friday mornings at 10:30 a.m.





Sponsored by Wesley Children's Foundation

Creating art can be a helpful part of the healing process.

In a creative and calming environment, pediatric patients who are currently receiving or have completed treatment can work with a variety of materials and techniques such as watercolor, acrylic paints, collage, and pastels.

Art materials are provided.

This is a time for self-expression.

No art experience is required.

Family members and caregivers are also welcome to participate.

An Art Therapist is available to all clients who wish to discuss their work.

Questions?

Contact WisdomTree Arts - Art Therapy
wisdomtreeict@gmail.com

Music Therapy



Music Therapy

A clinical service, provided by a board certified music therapist, through evidence based use of music interventions to accomplish individual patient goals.

Pediatric Music Therapy at Wesley Children's Hospital

Through a partnership with Jordan Lumley, MT-BC, this program serves children and their families. Jordan is a board certified, trained music therapists specializing in the clinical and evidence based use of music interventions to accomplish individualized goals. This program is provided at no cost to families as it is funded through a grant from the Wesley Children's Foundation.

Following American Music Therapy Association Endorsed Guidelines, https://www.musictherapy.org/

Music Therapy Consults, please consult early. Inpatient or outpatient consults are available same or next day, by a call to (316) 962-8369.

When should music therapy be consulted?

- -When a patient is experiencing anxiety, not coping well with hospitalization or a diagnosis
- -When a patient is experiencing emotional trauma
- -When a patient is enduring excessive pain and needs alternative management
- -For patients who have a negative prognosis and is near end-of-life
- -For patients and families experiencing grief
- -When patients are in need of appropriate developmental stimulation
- -When patients need an appropriate emotional outlet
- -To ease pain and anxiety during procedures
- -When patients have a limited support system

When should music therapy NOT be consulted?

- -When a patient is developmentally appropriate and coping with hospitalization or diagnosis
- -If a patient ONLY likes music or has a musical background
- -If a patient is bored and/or needs entertainment
- -If a patient needs an incentive/reward (it is unethical to withhold services and use as a reward)



















Pastoral Care

Wesley chaplains come from a wide variety of denominational affiliations and offer multi-faith spiritual support to patients, families and staff. They also provide pastoral care education.

Wesley Medical Center, including Wesley Woodlawn Hospital & ER, employs three full-time chaplains, one part-time chaplain and two PRN chaplains. The staff also includes a CPE program manager, an administrative assistant, a director of pastoral care and education and five CPE chaplain residents.

Patient support

- Pastoral care
- Spiritual concerns
- Pre-surgical visits
- Crisis care
- End-of-life care

Family support

- Hospitality
- Orientation to hospital
- Crisis ministry
- Continuing care
- Bereavement care

Worship and sacraments

- Wesley Memorial Chapel and St. Luke's Chapel available for prayer and meditation
- Communion upon request
- Emergency baptism
- Blessing of infants

Wesley Memorial Chapel

Since 1951, Wesley Memorial Chapel has been a place for prayer and worship.

In 1944 one of the dreams of the Women's Association of Wesley Hospital was the construction of a new chapel. The Foster Chapel was inadequate for the needs of the growing number of student nurses and was not accessible to patients and family members. A new chapel would provide a place of worship for nursing students and a place of prayer for patients and families.

The plans for the chapel included a slate roof and silverdale stone walls to set it apart from the rest of the hospital. The cost of the chapel was \$71,000. The cornerstone was laid in 1950. The Service of Consecration of Wesley Memorial Chapel was held on October 18, 1951. The Rev. Dr. Armour H. Evans, Wesley Hospital superintendent (chief executive officer) from 1947-1957, presided at the groundbreaking and the consecration. Kathryn Millsap, deaconess in the Methodist church, served as Wesley's chaplain during this time (1927-1959).

Members of the Women's Association placed great importance on the windows. More than twenty stained-glass windows were designed to add peace and meaning.

Tips for Families Coping with the Health Care Experience

Age	Concepts & Beliefs	Difficult Emotions	Possible Behaviors	How to Help
Birth- 2years	-Does not have words for feelings -Notices change in routine -Notices changes in family emotions	-Fears being abandoned -Anxiety -Misses normalcy	-Crying -Indigestion -Rocking -Thrashing -Throwing -Biting -Sleeplessness	-Maintain Routines -Meet immediate needs -Physical contact, cuddling, Reassurance -Hopper the cancer crusher, Chemo Duck
3-5 years	-Can understand simple biological processes -Magical thinking and fantasies, often worse than realities	-Fear -Sadness -Insecurity -Confusion -Anger -Irritable -Worried -Guilt	-Regressive behaviors -Repetitive questions -Withdrawn -Plays out scenes of change & feelings -Physical complaints -Crying	-Allow child to regress -Give physical contact -Encourage fun & play -Allow safe ways to express feelings -Give simple & truthful answers -Maintain structure & routine -Monkey in My Chair, Chemo Duck, Hopper, Hair Fairy
6-9 years	-Interested in biology of body -Thoughts, actions, words caused illness -Illness is punishment -Who will care for them -Thinks about life's milestones	-Sad -Anger -Lonely -Withdraw -Worried -Anxious -Irritable -Confusion -Guilty -Fear	-Regressive Behaviours -Specific Questions -Hides Feelings -Withdrawal -Nightmares/Sleep Disturbance -Concentration difficulties -Declining or greatly improved grades -Acting out -Protective of loved ones	-Allow need to regress -Give Physical contact -Intentional time together -Answer questions truthfully -Allow expression of feelings through verbal & physical outletsEncourage Creativity -Peer support group -Hair Fairy, Monkey in my Chair, ChemoDuck, Hopper

Age	Concepts & Beliefs	Difficult Emotions	Behaviors	How to Help
9-12 years	-Denial	-Emotional turmoil	-Regressive	-Allow regressive
	-words/thoughts or	heightened by physical	behavior &	behavior & offer
	actions caused	changes	fluctuating mood	comfort
	sickness	-Shock	-Hides feelings	-Expect & accept
	-High death	-Sad	-Acts like nothing	mood swings
	awareness	-Anger	happened	-Encourage
	-Formulating	-Confused	-Aggressive acting	expression of
	spiritual concepts	-Lonely	out	feelings through
	-Thinks about life's	-Vulnerable	-Withdrawal	writing, art, music,
	milestones	-Fear	-Nightmares & sleep	sports, etc.
		-Worried	disturbances	-Find peer support
		-Guilty	-Concentration	groups
		-Isolated	difficulties	-Be available to
		-Abandoned	-changes in grades	listen & talk
		-Anxious	-Talks about	-Answer questions
			physical aspects of	truthfully
			illness	-Offer physical
				contact
				-give choices about
				involvement
				-Monkey in my
				Chair, Chemo Duck,
				Major Don's Army
12 years &	-Denial	-Highly self-conscious	-Mood Swings	-Allow hidden
up	-Their words,	about being different	-Hides Feelings	feelings unless they
(teenagers)	thoughts, & actions	-Shock	-Acts out role of	are harmful
	caused illness	-Sad	confusion	-Support
	-Thinks about life's	-Anger	-Aggressive acting	relationships with
	milestones.	-Confused	out	understanding
	-Sense of needing	-Lonely	-Withdrawal	adults
	to be in control of	-Vulnerable	-Nightmares & sleep	-Answer questions
	feelings	-Fear	disturbances	truthfully
	-If I show my	-Worried	-Concentration	-Be available to talk
	feelings, I will be	-Guilty	difficulties	and listen
	weak.	-Isolated	-Changes in grades	-Share your grief
	-Internal conflict	-Abandoned	-Impulsive & high	-Watch for high risk
	about dependence	-Anxious	risk behaviors	behavior
	& desiring		-Changes in peer	-Find peer support
	independence.		groups Fighting	groups Offer physical
	-May utilize		-Fighting,	-Offer physical
	spiritual concepts		screaming, arguing	contact
	to cope		-Changes in eating	-Allow choices
			patterns	about involvement
				of disease process.



Pediatric Health Support Groups

Through a partnership with Real Life Counseling, this program services children and their families. The counseling staff includes licensed and trained therapists and play therapists, specializing in children, teens, young adults, couples and families. The program is open to the public and is free.

All pediatric (under the age of 21) patients, parents and siblings are invited to participate in support groups, regardless of physician or hospital, and no matter what stage of treatment or follow-up care. Even if you are not a patient at Wesley Children's Hospital, you are still invited to join!

What is a support group?

A support group is made up of people who are experiencing the same type of life event or stressor, gathering together to share their experiences and support one another. Pediatric health support groups are facilitated by a licensed therapists, and families will learn how to respond to all of the stress and changes that come about as a result of experiencing cancer. The support groups are as safe and confidential setting for families who are affected by this pediatric disease.

- **Pediatric patient support groups** patients will meet other kids going through some of the same things they are. Age appropriate group will talk, do art and play activities, focused on helping them learn to work through change and deal with emotion and stress.
- Pediatric parent support groups —participants will be able to meet other parents with similar
 experiences as caregivers of their children with pediatric illness. They will learn they are not
 navigating this journey alone, and benefit from the support and experience of others.
- **Pediatric sibling support groups** siblings of patients have their own unique experience when their brother or sister is going through a pediatric illness. This special group will allow them to share their experiences and get to know others going through similar situations.

Long-term support group goals

- The goal of these support groups is to provide a place where patients and their families can meet and support one another through the difficulties of diagnosis, treatment and life change associated with a pediatric illness. Long-term goals include:
- Allowing patients, parents and siblings to connect and talk with other families walking the path through pediatric illness.
- Encouraging, inspiring and comforting children and their families.
- Recognizing, celebrating and commemorating patients and families at important milestones.
- Educating children and families about navigating the difficult emotions associated with pediatric illness.

Group schedules

All support groups take place in the Wesley Children's Hospital lobby or the pediatric unit. Wesley Children's Hospital is located at 550 N. Hillside in Wichita, Kansas. Please visit <u>rlcwichita.com/pediatric-support-groups</u> for group schedules or call <u>(316)</u> <u>425-7774</u> for more information.

Sponsored by:

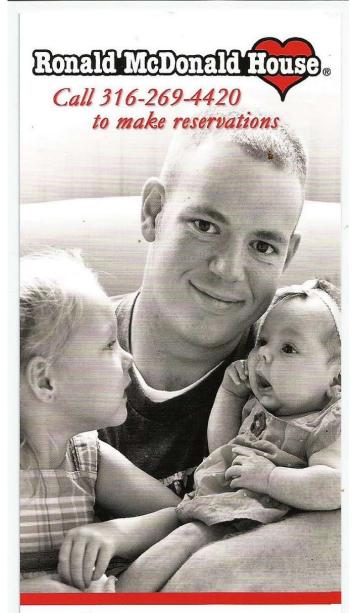


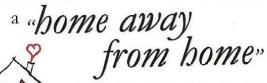
Case Management

Wesley Children's Hospital has a team of pediatric case managers including social work and nursing staff. Case Management will visit patients to provide parent resources, patient supply coordination, social support and work to transition patients from the hospital to home.

If you would like to talk with a case manager, you can call the case management office at (316) 962-2304.

Ronald McDonald House





for families of ill or injured children

Administrative Offices 1110 N. Emporia, Wichita, KS 67214

316.269.4182 | www.RMHCWichita.org

A "Home Away From Home"

A Ronald McDonald House® provides a "home away from home" for families with a child, 21 years of age and younger, receiving medical care or treatment in Wichita. Families who live over 30 miles from Wichita can find safe, affordable, temporary lodging, along with the amenities of home at two Ronald McDonald Houses.

Ronald McDonald House offers:

- · Guest room with private bath
- · Large kitchen
- · Spacious common areas with televisions
- · Laundry facility
- · Donated food for families to enjoy
- · Personal care items
- Play areas
- · Internet access
- · Adjacent to the hospital



To make a reservation or for more information: Call (316) 269-4420

How to support:

Your support through donations of material goods, volunteer hours, and money is much appreciated. If you would like to help, please call (316) 269-4182.

Administrative Offices 1110 N. Emporia, Wichita, KS 67214



Ronald McDonald Family Room (Located on the 5th floor)

The Ronald McDonald Family Room is a special place within Wesley Medical Center, where families can relax while still being close to their children. This spacious, comfortable room has a small kitchen, dining area, laundry facilities and a family conversation area with a television. A shower and quiet room are also available for our parents' convenience.

For the convenience and comfort of all guests, there are some guidelines for using the room:

- Families of all hospitalized children under 21 years old are eligible to use the Ronald McDonald Family Room. Patients are not allowed in the family room due to health regulations.
- Children 15 years and younger must be supervised by an adult, unless the child is the parent of the patient. Volunteers do not supervise children.
- A maximum of 12 guests are allowed in the Family Room. At times of peak occupancy, only two family members per patient may be allowed.
- During times of peak occupancy, a time limit of two hours for the main room may be imposed.
- To maintain a clean and pleasant atmosphere, we need and appreciate your help in observing common courtesy and respect for other guests. For instance, after using the kitchen or shower, please leave it clean for the next family.
- Laundry and shower facilities and temporary wearing apparel are available to families of hospitalized children. Please check with the volunteer on duty.
- Guests are welcome to the food in the kitchen, unless it is identified with a person's name. Please eat only at the dining room table or in the kitchen.
- Absolutely no illegal substances, alcohol, smoking, weapons, foul language or inappropriate behavior are allowed in the Ronald McDonald Family Room.
- Hours of operation are daily from 8:30 a.m. to 8:30 p.m. or as long as a trained volunteer is available.

The Ronald McDonald Family Room is made possible by the generous contributions from the community, Ronald McDonald House Charities of Wichita, Inc. (RMHCWI), and Wesley Medical Center. The heart behind the Ronald McDonald Family Room is RMHCWI, a local not-for-profit organization which owns and operates Wichita's two Ronald McDonald Houses and Family Rooms. Its volunteer board of directors is responsible for raising the funds necessary to operate these facilities. The board is also responsible for establishing the organization's policies.

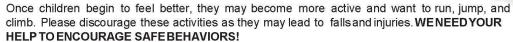


Risk for Falls



Children are at Risk to Fall while in the hospital.

Help us keep your child safe!





- Do keep the bed at the lowest height.
- Do keep all crib rails up and at least one side rail on beds.
- Do ensure your child wears non-skid socks or slippers when out of bed.
- Do supervise your child's activities; walk next to your child to provide support.
- Do turn on lights before the child gets out of bed at night.
- Do keep the floor clear with a direct path to the bathroom.
- Do notify the nurse if your child complains of dizziness, weakness, or seems less coordinated than usual.
- Do not leave bed or crib rails down or even partially down, even if you think your child will not move.
- Do not allow your child to jump on the bed or other furniture.
- Do not allow your child to run in the room or hallway.
- Do not allow your child to climb on hospital furniture or equipment (including IV poles!).
- Do not leave clutter on the floor.
- Do not underestimate your child-today may be the first day your child rolls over, crawls, or walks-don't leave them unattended on high surfaces.

What ri	sk factors does your child	have?
Developmental Risks (normal behaviors for your child's stage of development)	Environmental Risks (things in your child's room or in the hallways)	Situational Risks (things related to your child's condition)
 Learning to walk Crawling and cruising Temper tantrums Toilet training Jumping Running Dangerous behaviors such as climbing 	Unfamiliar environment Cluttered floors Medical tubes, IV poles Chairs or equipment blocking the route to the bathroom Side rails or crib rails down Child sleeping in parent's sleeper chair or sleeping on parent's lap	Poor balance Seizure Disorder Orthopedic conditions (problems related to bones or muscles) Dizziness or weakness from medications or illness Suddenly feeling better

Wesley Children's Foundation



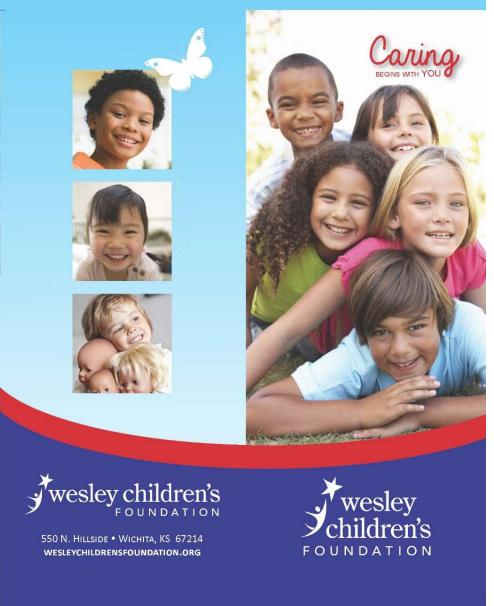
About the Wesley Children's Foundation

Our mission is to enhance the quality of life for pediatric patients and their families in Kansas.

We accomplish this by providing direct assistance to meet their most fundamental needs beyond the scope of a hospital or medical insurance coverage. Wesley Children's Foundation exists to make a difference in their lives through the implementation of programs within in the community that contribute to their overall well-being.

Caring begins with you.

To learn more about how you can help enhance the quality of life for these kids, go to wesleychildrensfoundation.org and make a difference today.



About the pediatric patients and families we serve

Each day doctors, nurses and caregivers are inspired by the courage of hundreds of children and families receiving medical treatment throughout the Wichita region.

Whether caring for an injured child in an emergency, performing minimally invasive surgery on a toddler, or supporting a teen through cancer treatments, those caregivers are committed to providing the highest level of care for every child.

The Wesley Children's Foundation is here to help provide financial assistance to families in need and to provide tools and services to patients and their families to make their hospital stay more comfortable. When a child is ill, it affects the whole family.



We work with social workers and child-life specialists to **identify needs** and **provide support** to families during difficult times. Through the various programs and services we offer, families receive assistance to meet their needs, whether it's a medical device, specialized therapy or a fundamental item.

The children and families we serve have more in common than facing obstacles, living with worry or experiencing heartache. They are all connected by a deep gratitude toward people like you who help give them the hope of a healthy future.

Wesley Children's Foundation invites you to be a part of an exciting time in our community, whether you are a family in need or a partner in caring. Would you please consider making a gift to Wesley Children's Foundation so we may provide hope and caring to sick kids?

Your support matters!



Jill Bosley | Executive Director (316) 962-2403 jill.bosley@wesleymc.com

Yes, I/we want to make a difference in a child's life today. I/we wish to:

\$10,000 \$5,000 \$2,500 \$1,000

MAKE A CONTRIBUTION OF:

□\$500 □\$250 □\$
FOR: (PLEASE CHECK ONE)
☐ Where it is needed most
☐ To support a patient program or fund:
I WOULD LIKE MY GIFT TO BE RECOGNIZED ON THE
FOUNDATION'S DONOR WALL (\$2,500 OR HIGHER).
PLEASE LIST DONOR NAME AS YOU WISH IT TO APPEAR:
☐ I WISH TO REMAIN ANONYMOUS.
PLEASE CALL ME WITH INFORMATION ON:
☐ Including WCF in my will ALL DONATIONS
☐ Gifts of stock or deferred gifts STAY LOCAL!
☐ I/We intend to recommend a gift of
\$ from my donor-advised fund at
I/WE WISH TO MAKE A GIFT VIA:
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