

Medication Guide



Dear Patient,

Thank you for your participation in your personal health care management. If you have any questions about which medications to continue before your surgery, please call your primary care doctor, surgeon, or the Wesley Medical Center Pre-Op Clinic. It is acceptable to take medications with 1 ounce of water on the day of surgery. **Please call the Pre-Op Clinic at 316-962-7269 or 1-800-732-0189 if you have questions.** Be sure to let your health care provider know after your surgery if one of your home medications is not restarted. For more information to prepare for your surgery, visit <http://wesleymc.com/patients-visitors/before-your-stay/pre-op-clinic.dot>.

Sincerely,
Wesley Medical Center

CONTINUE TAKING on the day of surgery

*Acebutolol (Sectral®)	Methadone (Dolophine®)
Acetaminophen (Tylenol®)	*Metoprolol (Lopressor®, Toprol XL®)
Acetaminophen/Codeine (Tylenol #3®)	Mometasone (Asmanex®)
Albuterol (ProAir® HFA Proventil®, Ventolin®)	Montelukast (Singulair®)
*Atenolol (Tenormin®)	Morphine Sulfate (MS Contin®)
Atorvastatin (Lipitor®)	*Nadolol (Corgard®)
*Betaxolol (Kerlone®)	*Nebivolol (Bystolic®)
*Bisoprolol (Zebeta®)	Nizatidine (Axid®)
Budesonide (Symbicort®, Pulmicort®)	Omeprazole (Prilosec®)
Carbamazepine (Carbatrol®)	Oxycodone (Oxycontin®, Percocet®)
Carbidopa/Levodopa (Sinemet)	Pantoprazole (Protonix®)
*Carvedilol (Coreg®)	*Penbutolol (Levatol®)
Cimetidine (Tagamet®)	Phenytoin (Dilantin®)
Clonazepam (Klonopin®)	*Pindolol (Visken®)
Clonidine (Catapres®)	Pitavastatin (Livalo®)
Cromolyn (Gastrocrom®)	Pravastatin (Pravachol®)
Divalproex Sodium (Depakote®)	Pregabalin (Lyrica®)
Entacapone (Comtan®)	Primidone (Mysoline®)
Esomeprazole (Nexium®)	*Propranolol (Inderal®)
Ethosuximide (Zarontin®)	Rabeprazole (Aciphex®)
Famotidine (Pepcid®)	Ranitidine (Zantac®)
Fluticasone (Flovent®)	Rosuvastatin (Crestor®)
Fluvastatin (Lescol®)	Salmeterol (Serevent®)
Formoterol (Foradil®)	Simvastatin (Zocor®)
Gabapentin (Neurontin®)	*Sotalol (Betapace®)
Hydrocodone/APAP (Lortab®, Vicodin®, Norco®)	Theophylline (Elixophyllin®)
Hydromorphone (Dilaudid®)	Tiotropium (Spiriva®)
Ipratropium (Atrovent®)	Tolcapone (Tasmar®)
*Labetalol (Normodyne®, Trandate®)	Topiramate (Topamax®)
Lamotrigine (Lamictal®)	Tramadol (Ultram®)
Lansoprazole (Prevacid®)	Tylenol® (Acetaminophen)
Levalbuterol (Xopenex®)	Tylenol® #3 (Acetaminophen/codeine)
Levetiracetam (Keppra®)	Valproic Acid (Depakene®)
Lovastatin (Mevacor®)	Zafirlukast (Accolate®)

****Let your health care provider know if you are not restarted on your Beta-Blocker after surgery.***

Other Medications to Consider

Talk to your doctor about these medications before surgery

<p>Anti-Parkinson's Medications Selegiline (Eldepryl®, Emsam®)</p>	<p>Erectile Dysfunction Medications Examples: Avanafil (Stendra®), Sildenafil (Revatio®, Viagra®), Tadalafil (Adcirca®, Cialis®), Vardenafil (Levitra®, Staxyn®)</p>
<p>Blood Thinning Medications <u>(Anticoagulants/Antiplatelet Agents)</u> Aggrenox® Anagrelide (Agrylin®) Apixaban (Eliquis®) Aspirin Cilostazol (Pletal®) Clopidogrel (Plavix®) Dabigatran (Pradaxa®) Dipyridamole (Persantine®) Prasugrel (Effient®) Rivaroxaban (Xarelto®) Ticagrelor (Brilinta®) Ticlopidine (Ticlid®) Pentoxifylline (Trental®) Warfarin (Coumadin®)</p>	<p>Hormone Replacement Therapy Examples: Any form of estrogen and/or progesterone/progestin (pills, cream, vaginal ring, vaginal tablet, patch, troche)</p> <p>Muscle Relaxants Examples: Cyclobenzaprine (Flexeril®), Metaxalone (Skelaxin®), Tizanidine (Zanaflex®), Carisoprodol (Soma®), Orphenadrine (Norflex®)</p> <p>Rheumatoid Arthritis Medications Examples: Methotrexate (Rheumatrex®), Hydroxychloroquine (Plaquenil®), Sulfasalazine (Azulfidine®), Adalimumab (Humira®)</p> <p>Sleep Aids Examples: Zolpidem (Ambien®), Eszopiclone (Lunesta®), Zaleplon (Sonata®)</p>
<p>Contraceptives Examples: birth control pill, Depo-Provera Shot®, NuvaRing®, Ortho Evra Patch®</p>	

STOP TAKING on day of surgery

Oral medications for diabetes treatment to STOP TAKING on the day of surgery are listed on the last page.

<p>Alendronate (Binosto®, Fosamax®) Amitriptyline (Elavil®) Aripiprazole (Abilify®) Chlorpromazine (Thorazine®) Citalopram (Celexa®) Clomipramine (Anafranil®) Doxepin (Sinequan®) Desipramine (Norpramin®) Droperidol (Inapsine®) Escitalopram (Lexapro®) Fluoxetine (Prozac®) Fluphenazine (Prolixin®) Fluvoxamine (Luvox®) Fosamax Plus D® Haloperidol (Haldol®) Ibandronate (Boniva®) Imipramine (Tofranil®)</p>	<p>Iron supplement (ferrous sulfate, ferrous gluconate, etc.) Nortriptyline (Pamelor™) Olanzapine (Zyprexa®) Paliperidone (Invega®) Paroxetine (Paxil®) Phenelzine (Nardil®) Pioglitazone (Actos®) Quetiapine (Seroquel®) Risedronate (Actonel®, Atelvia®) Risperidone (Risperdal®) Sertraline (Zoloft®) Thioridazine (Mellaril®) Tiludronate (Skelid®) Tranlycypromine (Parnate®) Ziprasidone (Geodon®)</p>
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Blood Pressure Medications to STOP TAKING the night before surgery

Aliskiren (Tekturna®)
 Amiloride (Midamor®)
 Amlodipine (Norvasc®)
 AmlodipineTM
 Azilsartan (Edarbi®)
 Benazepril (Lotensin®)
 Bumetanide (Bumex®)
 Candesartan (Atacand®)
 Captopril (Capoten®)
 Diltiazem (Cardizem®)
 Enalapril (Vasotec®)
 Eprosartan (Teveten®)
 Felodipine (Plendil®)
 Furosemide (Lasix®)
 Hydrochlorothiazide (HCTZ, Hydrodiuril)
 Irbesartan (Avapro®)
 Lisinopril (Zestril®)

Losartan (Cozaar®, Hyzaar®)
 Nicardipine (Cardene®)
 Nifedipine (Adalat® CC, Procardia®)
 Olmesartan (Benicar®)
 Ramipril (Altace®)
 Spironolactone (Aldactone®)
 TekamloTM
 Tekturna® HCT
 Telmisartan (Micardis®)
 Torsemide (Demadex®)
 Triamterene (Dyrenium®)
 Trandolapril (Mavik®)
 Quinapril (Accupril®)
 Valsartan (Diovan®)
 Verapamil (Calan®)

Continue taking clonidine (Catapres®) THE DAY OF SURGERY

Non-Steroidal Anti-Inflammatory Drugs to STOP TAKING

Stop 7 days before surgery

Celecoxib (Celebrex®)
 Diclofenac (Voltaren®, Cataflam®)
 Diflunisal (Dolobid®)
 Ibuprofen (Advil®, Motrin®)
 Indomethacin (Indocin®)
 Ketoprofen
 Ketorolac (Toradol®)
 Naproxen (Naprosyn®, Aleve®)
 Sulindac (Clinoril®)

Stop 7-10 days before surgery

Meloxicam (Mobic®)
 Oxaprozin (Daypro®)
 Piroxicam (Feldene®)
 Nabumetone (Relafen®)

Herbal Supplements to STOP TAKING

Check all energy drinks and vitamins for these products!

Stop 7 days before surgery

Bromelain
 Echinacea
 Feverfew
 Garlic tablets
 Ginger
 Ginseng

Stop 14 days before surgery

Diet Pills
 Ephedra
 Ginkgo Biloba
 Kava kava
 Licorice
 St. John's Wort
 Valerian

Stop 14-21 days before surgery

Chondroitin
 Dong Quai
 Omega-3 (Fish Oil)
 Saw Palmetto
 Vitamin A

Insulin Products and Medications for Diabetes

Insulin Pump	Set pump to deliver your basal rate. If possible, set to “sick day” or “sleep” basal rates.	
Long Acting Insulin Lantus® Levemir®	Take 50% of your usual dose the night before surgery.	
Intermediate-Acting Insulin Humulin N® Novolin N®	Take 75% of your normal nighttime dose the night before surgery and none of your morning dose the day of surgery.	
Short-Acting Insulin Apidra® Humalog® Humulin R® Novolog® Novolin R®	DO NOT TAKE MORNING DOSE	
Short-Acting Sliding Scale Regimen	Decrease dose by 50% the day of surgery.	
Non-Insulin Injectables Albiglutide (Tanzeum™) Dulaglutide (Trulicity™) Exenatide (Bydureon®, Byetta® 5 mcg Pen, Byetta® 10 mcg Pen) Liraglutide (Saxenda®, Victoza®)	DO NOT TAKE THE DAY OF THE SURGERY	
Oral Medications to STOP TAKING 24 hours before surgery		
Acarbose (Precose®) Actoplus Met®, Actoplus Met® XR Alogliptin (Nesina) Avandamet® Avandaryl® Chlorpropamide Duetact Glimepiride (Amaryl®) Glipizide (GlipiZIDE XL, Glucotrol®, Glucotrol XL®) Glucovance®	Glyburide (Diabeta®, Glynase®) Glyxambi® Invokamet™ Janumet®, Janumet® XR Jentaduo® Juvisync™ Kazano Kombiglyze® XR Linagliptin (Tradjenta®)Metformin (Fortamet®, Glucophage®, Glucophage® XR, Glumetza®, Riomet®)	Miglitol (Glyset®) Nateglinide (Starlix®) Oseni Pioglitazone (Actos®) PrandiMet® Rapaglinide (Prandin®) Rosiglitazone (Avandia®) Saxagliptin (Onglyza®) Sitagliptin (Januvia®) Tolazemide (Tolinase®) Tolbutamide Xigduo™ XR